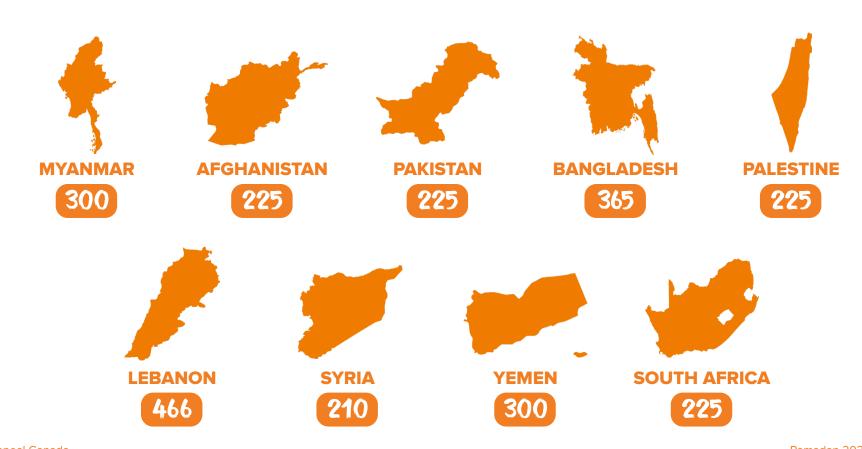






PRE-RAMADAN FOOD PACKS

TOTAL = 2,541 Families Fed
(15,246 Individuals)



Penny Appeal Canada Ramadan 2023 Report | 5



FITRA DISTRIBUTION



693















YEMEN 300



In preparation for Ramadan, Penny Appeal Canada assembled and distributed 70lbs grocery hampers, consisting of staple food items like milk, eggs, bread, beans, and chicken. This provision ensured families would have ample food supplies during the month of Ramadan. Ramadan 2023 Report I

E At Home



To further assist those in need, Penny Appeal Canada distributed grocery gift cards in British Columbia and Ontario. These gift cards enabled families to purchase their own groceries, allowing for a sense of independence and choice in their food selections.

Additionally, we provided iftaar meals to families in Alberta, British Columbia, Manitoba, Ontario, and Saskatchewan. Our goal was to ensure that Canadians from coast to coast could break their fast with their families, fostering a sense of unity and togetherness.

This year Penny Appeal Canada worked with the Sick Kids in Toronto to provide wholesome iftaar meals to the families of children who are under treatment at the hospital. This allowed families to focus on their child's well-being, while bringing nourishment and a sense of comfort to those going through difficult times.

In keeping with our commitment to support local businesses, Penny Appeal Canada purchased freshly prepared iftaar meals from several local restaurants across three provinces. With generous donations, we were able to empower these businesses while contributing to the local economy.











100 Grocery Hampers



150

Grocery Gift Cards

A SPECIAL THANK YOU TO THE BUSINESSES THAT SUPPORTED US:

- Halal Meals
- Sahan Restaurant
- Tarboosh Restaurant
- Karachi Kitchen
- Kabul Express
- Chachu's
- Sobeys

- ElSafadi Mediterranean Market
- Mama Asha
- Safartas Mediterranean Restaurant
- Jerusalem Shawarma
- Lahori Sweets and Restaurant
- Cedar Deli Cafe

Our **Palestinian Medjoul dates** were back for another year by popular demand. These delicious dates are cultivated in the ancient lands of Jericho in the West Bank of Palestine. Purchases made went towards supporting Palestinian farmers and our **Feed Our World** program.





This year we hosted our first ever Breakin' Dates National Iftaar Tour in major cities nationwide. We were honoured to be joined by esteemed scholars and keynote speakers during these blessed evenings.

BREAKIN' DATES







